



**TOI TANGATA®**

# **Growing the Puna**

## **Summer Internship Project**

### **2023-24**

#### **Toi Tangata**

Toi Tangata is a Māori agency that develops, delivers, and champions kaupapa Māori based approaches to kori (physical activity) and kai (nutrition). Toi Tangata specialises in healthy living and healthy learning based on Māori knowledge. We draw from mātauranga Māori to inform, advise and empower people who are active in health and related social services. We operate nationally and locally to encourage healthy and active lifestyles. We work with local and central governments, whānau, hapū, iwi, health professionals, advocates and supporters who are committed to making positive change for the health and wellbeing of our people.

#### **Internship Overview**

Toi Tangata is pleased to offer two \$5000 NZD Summer Internship scholarship positions. Both internship positions will run over a 10-week period between November 2023 and February 2023.

Toi Tangata internships offer a unique opportunity for taura Māori to actively engage and participate in the development of innovative approaches to physical activity and/or nutrition. Embedded within a broader initiative, 'Growing the Puna', these internships are strategically oriented toward strengthening connections between tertiary students, the community and the health sector, particularly in the areas of physical activity, sport and nutrition. Under the guidance of the Kaiārahi (design, innovation & research lead) and with the support of the wider Toi Tangata team, taura will undertake a project that aligns with, and contributes to advancing the aspirations of Toi Tangata. During the upcoming Summer, Toi Tangata is seeking taura who aspire to seek experience, knowledge and holistic aspirations that surround te taiao in relation to ora – encompassing Oranga, Mauri ora and Hauora. Te Taiao can include, but is not limited to: wai, whenua, ngahere, ngā whetū and maramataka.

## **Eligibility**

Māori students enrolled and undertaking an undergraduate or postgraduate level degree in hauora, sports, physical activity, or nutrition who are genuinely interested in growing their skill set, developing their skills, knowledge, and networks to contribute meaningfully to whānau, hapū, iwi and sector in the realm of sport, nutrition, exercise, and physical activity.

## **Project Location**

Tauira will work via satellite office (own home space). However you must have access to the internet and a laptop/computer for work and communications. Tauira should also expect travel (that will be covered) during the 10 weeks to participate in Toi Tangata wānanga and/or fieldwork within the Māori health sector.

## **Wānanga 2023-24**

Over the course of the 10 weeks, tauira will be expected to attend and participate in wānanga. These wānanga will contribute greatly to their projects and give tauira the opportunity to get first-hand experience alongside the Toi Tangata team and wider Māori health sector.

### ***Mātaiao Wānanga (Rotorua)***

Mātaiao is a joint government initiative between Sport NZ Ihi Aotearoa, Te Whatu Ora Health NZ, and the Ministry of Education that aims to improve the well-being of tamariki and rangatahi. Specifically focusing on kura kaupapa Māori, wharekura, kura-ā-iwi and full immersion units in some English medium schools, at its core Mātaiao nurtures a thriving taiao and reconnecting ākonga with te reo Māori and environmental knowledge of atua Māori. Interns will have an opportunity to attend a wānanga and learn first-hand from the Toi Tangata Mātaiao team. This wānanga will be held on *22-24 November 2023*.

### ***Maiea (Ōtepoti)***

The Maiea programme is an initiative with a focus on upskilling and promoting water safety in Māori communities. The programme is designed to address the alarming rates of drowning among Māori by incorporating culturally significant practices and whakapapa to foster safe engagement in all waterways. This wānanga is in the pilot phase and will consist of a snorkelling and freediving workshop that takes a kaupapa Māori approach. This wānanga will be held over 2-3 days in December 2023 in Dunedin.

### ***Hui ā Tau (Ōtepoti)***

Toi Tangata holds an annual Hui ā Tau that aims to share and celebrate kaupapa Māori approaches to well-being. The Toi Tangata Hui ā Tau 2024 will be hosted in Ōtepoti (Dunedin) 31 January- 2 February 2024 at Puketeraki Marae. Over the three days interns will be able to participate in thought-provoking kōrero and panels, wānanga and workshops out in the taiao. Summer interns will also have the opportunity to present the mahi they completed over the 10-weeks and engage with other like-minded kaimahi within the Māori health sector.

## Apply

Applications for the Summer Internship open **29 September 2023** and close on **27 October 2023**. You can apply online at <https://forms.gle/gocnUWdy7sXCFwb86> or fill out the application form. For any enquiries, please contact Chelsea below.

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